

How long...

60 mini dialogues to practice present perfect continuous

The card says...
use Instagram

be interested in fashion

Dialogue

A: Do you use Instagram?

B: Yes, I do

A: How long have you been using it?

B: I've been using it for about 3 years.

A: Are you interested in fashion?

B: No, I'm not.

A: Never mind.

do your job
go to English lessons
live in your home*
watch sports on TV
use Instagram

know your English teacher*

1

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use your favourite social network
know your best friend*
have a wallet or purse
have the shoes you are wearing now*
try to learn English
be interested in fashion

2

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have a car
be able to boil an egg
sit in this seat
be able to drive
listen to pop music
watch films on the internet

3

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learn English
be able to ride a bicycle
be awake today
have a phone
drink coffee regularly
know how to use a computer

4

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use WhatsApp
go to a beauty salon
use Skype
go to a health clinic
be interested in football
be able to swim

5

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listen to classical music
listen to rap
watch funny videos on YouTube
play a musical instrument
pay tax
do sports

6

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listen to hip-hop
 go to the gym regularly
 support a football team
 have a watch
 go to English lessons

read the book you are reading now

7

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be interested in history
 have the coat you are wearing today
 know about how babies are made
 know the truth about Santa Claus
 go to the dentist regularly

do fitness

8

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do dance
 be trying to get fitter
 live in your town/city*
 watch American TV shows
 go to school
 play computer games

9

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know the person sitting next to you*
 be able to count to 10 in English
 have an Instagram account
 wear earrings
 live in your district*
 have a passport

10

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* When there is a star, you don't need to ask the first question. You start with the "How long..." question.

Remember - If it's an **active verb**, use present perfect continuous. If it's a **state**, use present perfect. You can answer with for, since or all.

Active verbs		State verbs
How long have you been waiting ?	how long	How long have you had your watch?
How long have you been learning English?	how long	How long have you known about it?
I've been driving for more than 20 years.	for	We've known each other for 30 years.
It's been snowing for three hours.	for	They've been married for 62 years.
I've been cooking since I got home.	since	I've believed in God since I was young.
I've been working there since I left school.	since	I've had this car since I was 18.
You've been lying on the sofa all day!	all	I've been ill all week.
I've been looking for my keys all morning.	all	We've known each other all our lives.
I've been forgetting everything recently.	recently	I've had a lot of headaches recently.

Answers

1	How long have you been doing your job?
	How long have you been going to English lessons?
	How long have you been living in your home?
	How long have you been watching sports on TV?
	How long have you been using Instagram?
	How long have you known your boss?
2	How long have you been using your favourite social network?
	How long have you known your best friend?
	How long have you had your wallet or purse?
	How long have you had the shoes your wearing now?
	How long have you been trying to learn English?
	How long have you been interested in fashion?
3	How long have you had your car?
	How long have you been able to boil an egg?
	How long have you been sitting in this seat?
	How long have you been able to drive?
	How long have you been listening to pop music?
	How long have you been watching films on the internet?
4	How long have you been learning English?
	How long have you been able to ride a bicycle?
	How long have you been awake today?
	How long have you had your phone?
	How long have you been drinking coffee regularly?
	How long have you known how to use a computer?
5	How long have you been using WhatsApp?
	How long have you been going to your current beauty salon?
	How long have you been using Skype?
	How long have you been going to your health clinic?
	How long have you been interested in football?
	How long have you been able to swim?
6	How long have you been listening to classical music?
	How long have you been listening to rap?
	How long have you been watching funny videos on Youtube?
	How long have you been playing a musical instrument?
	How long have you been paying tax?
	How long have you been doing sports?

7	How long have you been listening to hip-hop?
	How long have you been going to the gym regularly?
	How long have you been supporting your football team?
	How long have you had your watch?
	How long have you been going to English lessons?
	How long have you been reading the book you are reading now?
8	How long have you been interested in history?
	How long have you had the coat you are wearing today?
	How long have you known how babies are made?
	How long have you known the truth about Santa Claus?
	How long have you been going to your dentist?
	How long have you been doing fitness?
9	How long have you been doing dance?
	How long have you been trying to get fitter?
	How long have you lived in your town/city?
	How long have you been watching American TV shows?
	How long have you been going to school?
	How long have you been playing computer games?
10	How long have you known the person sitting next to you?
	How long have you been able to count to 10 in English?
	How long have you had an Instagram account?
	How long have you been wearing earrings?
	How long have you lived in your district?
	How long have you had a passport?